

# THE ORIGINAL *Mels*



# AMERICAN DINER

SINCE 1947

## SIDES

|   |                       |
|---|-----------------------|
| <b>ONE EGG**</b> 1.99                       | 90 Cal.               |
| <b>MELS POTATOES</b> 4.29                   | 230 Cal.              |
| UPGRADE TO DELUXE                           | ADD 3.50              |
| <b>HASH BROWNS</b> 4.29                     | 280 Cal.              |
| UPGRADE TO DELUXE                           | ADD 3.50              |
| <b>BUTTERMILK BISCUITS &amp; GRAVY</b> 6.49 | (2 Biscuits) 996 Cal. |
| <b>ENGLISH MUFFIN</b> 3.99                  | 130-330 Cal.*         |
| <b>TOAST W/ BUTTER &amp; JELLY</b> 3.99     | 210-410 Cal.*         |
| <b>TOAST BAGEL W/ CREAM CHEESE</b> 3.99     | 330 Cal.              |
| <b>HAM</b> 4.99                             | 170 Cal.              |
| <b>SAUSAGE</b> 4.99                         | (4 Links) 360 Cal.    |
| <b>BACON</b> 4.99                           | (4 Strips) 248 Cal.   |
| <b>COUNTRY SAUSAGE</b> 4.99                 | (2 Patties) 380 Cal.  |

## EGGS BY THE #S\*\*

Served with **HASH BROWNS** or **MELS POTATOES** with choice of **TOAST** or **BISCUIT & GRAVY**.

**TURKEY SAUSAGE** now available.

- 2 EGGS, 3 SAUSAGES OR 3 STRIPS OF BACON** 12.49  
(2 EGGS, 3 SAUSAGES) 880-1340 Cal.\*  
(3 STRIPS OF BACON) 800-1260 Cal.\*
- 3 EGGS, 4 SAUSAGES OR 4 STRIPS OF BACON** 13.99  
(3 EGGS, 4 SAUSAGES) 1060-1520 Cal.\*  
(4 STRIPS OF BACON) 950-1410 Cal.\*
- 2 EGGS, COUNTRY SAUSAGE, HAM STEAK OR HAMBURGER PATTY** 12.99  
(2 EGGS, COUNTRY SAUSAGE) 1170-1630 Cal.\*  
(2 EGGS, HAMBURGER PATTY) 960-1420 Cal.\*  
(2 EGGS, HAM STEAK) 840-1300 Cal.\*

## FROM THE GRIDDLE

|  |  |
|--|--|
| <b>FULL STACK HOTCAKES (3)</b> 9.99<br>Buttermilk made with vanilla. 1130 Cal.       | <b>TWO PLUS TWO</b> 12.99<br>Two hotcakes, 2 bacon or 2 sausage links and 2 eggs**, any style. Waffle or French Toast may be substituted for hotcakes. 1240-1560 Cal.* |
| <b>BELGIAN WAFFLE</b> 9.99<br>Made with fresh eggs and sweet cream butter. 1160 Cal. | <b>CHICKEN &amp; WAFFLES</b> 13.99<br>Our Belgian waffle served with 3 chicken tenders, maple syrup and a dusting of powdered sugar. 1430-1720 Cal.*                   |
| <b>STRAWBERRY BELGIAN WAFFLE</b> 11.99<br>With whipped cream. 1400 Cal.              |  |
| <b>THICK TEXAS FRENCH TOAST</b> 9.99<br>Batter-dipped and grilled. 1080 Cal.         |  |

## BREAKFAST FAVORITES

Served with **HASH BROWNS** or our famous **MELS POTATOES**, made with premium, baked red potatoes, diced and grilled white onions and topped with green onions and Mels special seasoning salt.

Substitute Egg Beaters at no charge. **TURKEY SAUSAGE** now available.

|  |   |
|--|---|
| <b>WOLFMAN JACK</b> 15.79<br>Two pancakes, 2 eggs**, 2 strips of bacon, 1 country sausage and ham with hash browns or Mels potatoes. 1730-1780 Cal.* | <b>SUNRISE SANDWICH</b> 10.99<br>Breakfast sandwich with 2 scrambled eggs and your choice of bacon, ham or country sausage and American cheese, served on grilled, thick sourdough bread. 1050-1380 Cal.* |
|--|---|

## SPECIALTY BREAKFAST PLATTERS\*\*

Served with choice of **TOAST** or **BISCUIT & COUNTRY GRAVY**, **HASH BROWNS** or our famous **MELS POTATOES**, made with premium, baked red potatoes, diced and grilled white onions and topped with green onions and Mels special seasoning salt.

Please tell your server if you prefer no onions.  
Substitute Egg Beaters at no charge.

|  |  |
|--|--|
| <b>FRESH ROASTED CORNED BEEF HASH &amp; EGGS</b> 14.99<br>Housemade with bell peppers and onions, served with fresh fruit and toast. 1230-1690 Cal.* | <b>SAN FRANCISCO SCRAMBLE</b> 13.99<br>Three fresh eggs, ground beef, Mels seasoning salt, fresh mushrooms and spinach scrambled with green onions and topped with Parmesan cheese. Served with toast. 1170-1630 Cal.* |
| <b>CHICKEN-FRIED STEAK &amp; TWO EGGS</b> 14.99<br>Served with choice of potato and toast. 1280-1740 Cal.*   | <b>6 OZ. NEW YORK STEAK &amp; TWO EGGS</b> 14.99 910-1370 Cal.*  |

## THREE-EGG OMELETTES

Served with **HASH BROWNS** or our famous **MELS POTATOES** with choice of **TOAST** or **BISCUIT & GRAVY**. Add a side of **FRESH FRUIT** for 2.49.

Substitute Egg Whites at no charge.

|  |  |
|--|--|
| <b>VEGETARIAN</b> 13.99<br>A blend of Jack and cheddar cheese, green onions, sliced avocado, sautéed mushrooms, tomato and sour cream. 1110-1570 Cal.* | <b>CALIFORNIA OMELETTE</b> 14.99<br>Stuffed with tomato, bacon, cheese and sliced avocado, topped with a dollop of sour cream. 1245-1705 Cal.* |
| <b>DENVER OMELETTE</b> 13.99<br>Three-egg omelette stuffed with ham, grilled peppers, onions and cheese mix. 860-1320 Cal.*                            | <b>MEAT &amp; CHEESE</b> 13.99<br>Choose from country ham, sausage or bacon with Jack and cheddar cheeses. 970-1430 Cal.*                      |
|  | <b>ORDER ALL 3 MEATS</b> ADD 1.00<br>1110-1570 CAL.*   |



## REDHAWK CLASSICS

### APPETIZERS

|                                 |              |
|---------------------------------|--------------|
| <b>BAY SHRIMP COCKTAIL</b> 8.99 | 285 Cal.     |
| Served with cocktail sauce.     |              |
| <b>FRIED CALAMARI</b> 14.99     | 530-720 Cal. |
| Served with rémoulade sauce.    |              |

### SALADS

|   |               |
|---|---------------|
| <b>ASIAN CHICKEN SALAD</b> 15.99  | 555-915 Cal.* |
| Chicken, carrots, green onions, mandarin oranges, almonds, crispy wontons served on a bed of crispy greens and sesame dressing. |               |
| <b>BAY SHRIMP LOUIE</b> 16.99   | 465-780 Cal.* |
| Bay Shrimp served with egg, cucumber, tomato and Louie Dressing.  |               |
| <b>DUNGENESS CRAB LOUIE</b> 21.99   | 481-796 Cal.* |
| Dungeness Crab with egg, cucumber, tomato and Louie Dressing.   |               |
| <b>SHRIMP-DUNGENESS CRAB COMBINATION LOUIE</b> 19.49  | 473-788 Cal.* |
| Bay Shrimp & Dungeness Crab with egg, cucumber, tomato and Louie Dressing.  |               |

|   |                |
|---|----------------|
| <b>FRENCH DIP**</b> 15.99   | 810-1050 Cal.* |
| Sliced prime rib simmered in au jus on a French roll. Served with Mels Fries or a side salad. <b>DOUBLE THE MEAT FOR 3.49</b> |                |

### DINNER SPECIALS

Served with choice of **DINNER SALAD** or **CUP OF SOUP**, **SEASONAL VEGETABLES** and your choice of: **MASHED POTATOES & GRAVY**, **RICE PILAF** or **CLASSIC MELS FRIES**.

|   |                 |
|---|-----------------|
| <b>PORTERHOUSE**</b> 36.99                  | 1430-1670 Cal.* |
| 20 oz. king of all steaks.                  |                 |
| <b>GRILLED KING SALMON</b> 18.99            | 804-1044 Cal.*  |
| Served with pesto herb butter.              |                 |
| <b>PRIME RIB**</b> (AVAILABLE AFTER 5:00PM) |                 |
| Served with au jus and creamy horseradish.  |                 |
| <b>REGULAR 8 OZ. CUT</b> 19.99              | 1190-1430 Cal.* |
| <b>LARGE 12 OZ. CUT</b> 22.99               | 1595-1835 Cal.* |
| <b>BBQ BABY RACK RIBS</b>                   |                 |
| Served with Mels tangy BBQ sauce.           |                 |
| <b>FULL RACK</b> 22.99                      | 1320-1560 Cal.* |
| <b>HALF RACK</b> 15.99                      | 850-1090 Cal.*  |

\* CALORIE RANGE Additional Nutrition Information available upon request. 2,000 Calories a day is used for general nutrition advice, but calorie needs vary.  
\*\* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

## SHAREABLES

### GOURMET MELS

**FRIES 8.99** 1005 Cal.  
Mels fries covered with chopped bacon, melted Jack and cheddar cheeses, diced green onions and a dollop of sour cream.

### MELS CLASSIC

**SAMPLER 14.99** 2110 Cal.  
Chicken strips, onion rings, mozzarella sticks and chicken wings on a bed of Mels fries with ranch dressing and marinara sauce.

### MOZZARELLA

**STICKS 9.99** 700-730 Cal.\*  
Battered, fried and served with marinara sauce.

### ZESTY CHICKEN WINGS 13.99

Mels original or try them with Buffalo sauce. Served with ranch. (8 Wings) 900-1230 Cal.\*

### BEER BATTERED ONION RINGS 8.99

780 Cal.  
Sweet Spanish onions thick-cut, double dipped in beer batter and fried crispy.

## MELS BASKETS

### CHICKEN TENDERLOIN STRIPS 13.99

Choice of ranch or BBQ sauce on a bed of Mels fries. 1240-1410 Cal.\*

### THREE PIECE BEER BATTERED COD 13.99

Alaskan cod served with cocktail sauce, tartar sauce, coleslaw and Mels fries. 1050-1230 Cal.\*

### THE COMBO 14.49

With 3 pieces of beer battered jumbo shrimp and 2 pieces of Alaskan cod. Served with cocktail sauce, tartar sauce, coleslaw and Mels fries. 990-1210 Cal.\*

### ZESTY CHICKEN WINGS & FRIES 14.49

Mels original or try them with Buffalo sauce. Served with ranch on a bed of Mels fries. 1300-1630 Cal.\*

## MELS FRIES

### GARLIC MELS

**FRIES 6.99** 840 Cal.

### CURLY MELS

**FRIES 6.99** 690 Cal.

### CLASSIC MELS

**FRIES 5.99** 570 Cal.

### SWEET POTATO

**MELS FRIES 6.99** 710 Cal.

## SALADS & SOUPS

### CRISPY CHICKEN

**SALAD 14.99**  
Fresh diced tomatoes, crumbled bacon, sliced hardboiled egg and shredded Jack and cheddar cheese on a bed of crisp lettuce and topped with crispy sliced chicken or Buffalo-style chicken dipped in our hot wing sauce. 910-1225 Cal.\*

### MELS COBB SALAD 15.99

Lettuce, chopped bacon, diced chicken, avocado, green onions, hardboiled egg, tomato and bleu cheese crumbles. 790-1105 Cal.\*

### SOUP OF THE DAY 7.99

Bowl of our fresh hot selection with cornbread. 595-805 Cal.\*

CHICKEN NOODLE SOUP  
CLAM CHOWDER (FRIDAY ONLY)

## MELS FAMOUS BURGERS\*\*

*Our FAMOUS MELBURGERS are NEVER FROZEN USDA CHOICE ANGUS BURGERS prepared according to the time-honored recipe of the Original Mels. Hamburger patty, sprinkled with Mels special seasoning, cooked medium and served on Mels French-style hamburger bun, lightly grilled with butter and dusted with parmesan cheese.*

*Melburgers are served with MELS FRIES or a SIDE SALAD.*

### CLASSIC MELBURGER 11.99

Served with sliced tomato, lettuce and onion and Thousand Island dressing.

WITH CHEESE 12.99

855-1180 Cal.\*

945-1270 CAL.\*

### BACON & CHEDDAR MELBURGER 13.99

Draped with cheddar, two strips of bacon, lettuce, tomato, onion and Thousand Island dressing. 1065-1390 Cal.\*

### MUSHROOM & SWISS BURGER 13.99

1025-1350 Cal.\*  
Beef patty on our signature bun, brushed with mayo stacked on top of golden onion straws, draped with Swiss cheese and smothered in sautéed mushrooms.

### BIG BOPPER 14.99

Our classic Melburger with cheddar cheese, bacon strips and onion rings topped with BBQ sauce. 985-1310 Cal.\*

### SAN FRANCISCO MELBURGER 13.99

1080-1405 Cal.\*  
Grilled sourdough bread, a Melburger patty, cheddar cheese, bacon, avocado, grilled onion with Thousand Island dressing.

### PATTY MELT 13.99

900-1225 Cal.\*  
Grilled hamburger patty on rye bread with cheddar cheese, sautéed onion and tomato slices.

## CHICKEN BURGERS

*Served on our signature bun with MELS FRIES or a SIDE SALAD.*

### CLASSIC CRISPY CHICKEN MELBURGER 12.99

Served on our signature bun with lettuce, tomato and onion with a side of mayo. 860-1185 Cal.\*

**🔥 MAKE IT HOT, ADD BUFFALO SAUCE**

### BBQ CRISPY CHICKEN MELBURGER 12.99

Chicken breast with cheddar cheese, bacon strips and onion rings topped with BBQ sauce. 1070-1395 Cal.\*

## SPECIALTY SANDWICHES

*Served with MELS FRIES or a SIDE SALAD.*

### BACON, LETTUCE, TOMATO 11.99

Classic with bacon, lettuce, tomato and mayonnaise. 745-1070 Cal.\*

### BLTA 13.49

840-1165 Cal.\*  
With avocado.

### BLTE 12.99

830-1155 Cal.\*  
With over-easy egg\*\*.

### CLUB SANDWICH 14.49

Carved breast of turkey, bacon, lettuce, tomato and mayonnaise on white bread. 815-1140 Cal.\*

### CHICKEN CLUB 13.99

Chicken breast served on our French roll, topped with Jack cheese, avocado, bacon, lettuce, tomato and mayo. 1305-1630 Cal.\*

### REUBEN 13.99

Fresh roasted corned beef with Swiss cheese, sauerkraut and Thousand Island dressing on grilled rye. 1115-1440 Cal.\*

### EXTRAS

**SECOND PATTY 1.99**

**MUSHROOMS 1.69**

**ONION STRAWS 1.49**

**BACON 2.99**

**AVOCADO 2.29**

**EGG\*\* 1.19**

**CHEESE 1.49**  
(American, Cheddar, Bleu Cheese, Swiss)

### UPGRADE TO

**CURLY FRIES 1.69**

**ONION RINGS 2.19**

**SWEET POTATO**

**FRIES 1.69**

**GOURMET FRIES**

**2.49**

## BEVERAGES

### MELS SPECIALLY

**BLENDED COFFEE 3.29** 0 Cal.

Fresh brewed Regular or Decaf.

**HOT TEA SERVICE 3.29** 0 Cal.

**FRESH BREWED ICED TEA 3.29** 0 Cal.

**HOT CHOCOLATE 3.99** 230 Cal.

**MILK 3.99** (14 oz.) 240 Cal.

### CHOCOLATE MILK 4.19

(14 oz.) 350 Cal.

**JUICE** Orange, grapefruit, V8, apple or cranberry.

**REGULAR 3.29** (14 oz.) 190 Cal.

**LARGE 4.29** (22 oz.) 300 Cal.

**MIMOSA** 140 Cal.

**WINE** 130-210 Cal.\*

Our house wines by the glass.

### SOFT DRINKS 3.29

0-300 Cal.\*  
Large Drink (refills at no charge)

**CHOOSE FROM:** Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Raspberry Brisk Tea, Lemonade, Brisk Ice Tea, Mug Old Fashion Root Beer, Dr. Pepper or Diet Dr. Pepper

### DOMESTIC OR PREMIUM BEER

We offer imported, domestic and micro brewery beers. 110-180 Cal.\*

## BLUE PLATE DINNERS

*Served with FRESH VEGETABLES, CORNBREAD and choice of 2 SIDES:*  
**MASHED POTATOES & GRAVY, MELS FRIES, COLESLAW, MELS HOUSE SALAD or CUP OF SOUP.**

(AVAILABLE 11:30AM-CLOSING)

### CHICKEN-FRIED

**STEAK 16.99**  
Made in house, buttermilk battered and dusted in panko breading, topped with country gravy, sautéed mushrooms. 1590-2135 Cal.\*

### 4 PC. DEEP FRIED

**CHICKEN DINNER 17.99**  
Breaded and crisp on the outside, moist and tender inside. 2035-2580 Cal.\*

### STEAK\*\* & JUMBO

**SHRIMP 18.99**  
We pair a delicious 6 oz. New York strip steak and 4 pieces of our golden fried shrimp. 1435-1980 Cal.\*

## SHAKES, MALTS & FREEZES

**ROOT BEER FLOAT 6.99** 330 Cal.  
Root beer with a scoop of premium vanilla ice cream.

**ROOT BEER OR COKE FREEZE 6.99** 480 Cal.  
Root beer or Coke blended with premium vanilla ice cream.

**ORANGE FREEZE 5.99** 350 Cal.  
Sprite blended with orange sherbet.

**CLASSIC SHAKES 6.99** 475-620 Cal.\*  
**MALT 7.59** 60 Cal.

**CHOOSE FROM:** Vanilla, Strawberry, Chocolate, Mocha Java, Oreo, Banana and Pineapple.

**OLD-FASHIONED ORANGE CREAMSICLE 5.99** 390 Cal.  
Tastes as good as it sounds.

## ICE CREAM & DESSERTS

**LEMON MERINGUE PIE 4.99** 470 Cal.  
A sweet-tart lemony filling topped with light fluffy meringue; a true American tradition.

**FRESH-BAKED PIE** Mels fresh-baked pies.  
**APPLE PIE 4.99** 730 Cal.  
**BERRY PIE 4.99** 610 Cal.  
**Á LA MODE 1.69** 65-90 CAL.\*  
Order it á la mode with a scoop of premium ice cream.

### MELS FAVORITE

**BANANA SPLIT 8.99** 1330 Cal.  
Chocolate, strawberry and vanilla ice cream topped with chocolate, strawberry and pineapple sauces, whipped cream, nuts and cherry on a whole banana.

**OLD FASHIONED HOT FUDGE SUNDAE TWO SCOOPS 7.99** 630 Cal.  
**THREE SCOOPS 8.99** 780 Cal.

**ICE CREAM SUNDAE** Topped with whipped cream, nuts and a cherry.  
**SINGLE SCOOP 5.99** 160-210 Cal.\*  
**DOUBLE SCOOP 6.99** 270-380 Cal.\*  
**CHOOSE FROM:** Vanilla, Chocolate, Strawberry, and Orange Sherbet.

**SELECT A SAUCE:** Marshmallow, Strawberry, Pineapple, Caramel, Chocolate or Hot Fudge Syrup.

**ICE CREAM DISH** Served with a cookie.  
**SINGLE SCOOP 3.99** 105-140 Cal.\*  
**DOUBLE SCOOP 5.79** 210-280 Cal.\*  
Choice of 2 flavors.

**CHOOSE FROM:** Vanilla, Chocolate, Strawberry, and Orange Sherbet.



\* CALORIE RANGE Additional Nutrition Information available upon request. 2,000 Calories a day is used for general nutrition advice, but calorie needs vary.  
\*\* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.